

# Meals on Wheels Fort Collins Tel Num: 484.6325

## AUGUST 2019 Renal Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Beef Stroganoff	2 Chicken Pot Pie
5 Stuffed Peppers	6 Salmon	7 Pot Roast	8 Roast Turkey	9 Spaghetti with Meat sauce
12 Beef Brisket	13 Pork Chop	14 Ham & Cheese Casserole	15 Chicken Fried Steak	16 Beef Stew
19 Stuffed Cabbage	20 Salisbury Steak	21 BBQ Pulled Pork	22 Meatloaf	23 Fried Chicken Patty
26 Lasagna	27 Baked Cod	28 Sweet & Sour Chicken	29 Baked Turkey	30 Beef Brisket

***You are welcome to call in or email your cancellations/additions for the ENTIRE month at any time after receiving this menu. You can reach us at 970.484.6325 or info@fcmow.org***

*Please remember the cut off for any changes is 1:00 pm the business day before delivery.*