

Meals on Wheels Fort Collins Tel Num: 484.6325

December 2018 Options Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
	3	4	5	6	7
Regular Menu Item	Roast Turkey	Beef Soft Tacos	Pot Roast and Gravy	Stuffed Peppers	Spaghetti with Meat Sauce
Option B Item	BBQ Pulled Pork	Salmon	Italian Sausage Pasta	Baked Cod	BBQ Chicken Breast
	10	11	12	13	14
Regular Menu Item	Beef Brisket	Chicken Marsala	Ham & Cheese Casserole	Chicken Fried Steak	Beef Stew
Option B Item	Turkey Tetrazzini	Pork Chop	Asian Flank Steak	Chicken Fajitas	Lemon Pepper Tilapia
	17	18	19	20	21
Regular Menu Item	Baked Chicken	Salisbury Steak	Mac n' Cheese	Meatloaf	Fried Chicken Patty
Option B Item	Pot Roast	Baked Ham	Pork Roast	Margarita Chicken	Coconut Tilapia
	24	25- closed	26	27	28
Regular Menu Item	Chicken Florentine	Merry Christmas	Pot Roast and Gravy	Roasted Salmon	Beef Brisket
Option B Item			Sweet and Sour Chicken	Turkey with Gravy	Chicken Parmesan
	31	<i>We will be closed on Christmas Day, Tuesday December 25th. If you would like an extra meal to enjoy on Christmas Day please let us know by Tuesday December 18th. You can reach us at 970.484.6325 or info@fcmow.org</i>			
Regular Menu Item	BBQ Chicken Breast				
Option B Item	Stuffed Peppers				

You are welcome to call in all meal changes at once upon receipt of this menu.

Please remember the cut off is 1:00 pm the business day before delivery.