

Meals on Wheels Fort Collins Tel Num: 484.6325

December 2018 Veggie Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 Broccoli Alfredo	4 Black Bean Burger	5 Garbanzo Bean Salad	6 Veg Stuffed Pepper	7 Pasta Alfredo w/Grilled Vegetables
10 Rice and Beans	11 Roasted Broccoli Alfredo	12 Stir Fry with Edamame	13 Tofu Patty	14 Portobello & Veggie Sandwich
17 Bean and Cheese Burger	18 Black Bean Burger	19 Mac n' Cheese	20 Veggie Chili	21 Veggie Pizza
24 Veggie Lasagna	25- closed Merry Christmas	26 Cheese Enchilada	27 Baked Ziti	28 Rice and Beans
31 Black Bean Burger	<p><i>We will be closed on Christmas Day, Tuesday December 25th. If you would like an extra meal to enjoy on Christmas Day please let us know by Tuesday December 18th. You can reach us at 970.484.6325 or info@fcmow.org</i></p>			

You are welcome to call in all meal changes at once upon receipt of this menu.

Please remember the cut off is 1:00 pm the business day before delivery.