

# Meals on Wheels Fort Collins Tel Num: 484.6325

## February RENAL Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
					1 Beef Brisket
	4 BBQ Chicken Breast	5 Chicken Fried Steak	6 Sloppy Joe	7 Beef Stroganoff	8 Chicken Pot Pie
	11 Glazed Roast Turkey	12 Salmon	13 Pot Roast and Gravy	14 Stuffed Peppers	15 Spaghetti with Meat Sauce
	18 Beef Brisket	19 Pork Chop	20 Ham & Cheese Casserole	21 Chicken Fried Steak	22 Beefy Beef Stew
	25 Pot roast	26 Salisbury Steak	27 Pork Roast	28 Meatloaf	

***You are welcome to call in or email your choices for the ENTIRE month at any time after receiving this menu. Please let us know the dates only of your OPTION B choices and/or the dates of your cancellations & additions. You can reach us at 970.484.6325 or info@fcmow.org***

*Please remember the cut off for any changes is 1:00 pm the business day before delivery.*