

JANUARY 2022

Options Menu

You are welcome to call in or email your choices for the ENTIRE month at any time after receiving this menu. Let us know the dates ONLY of your OPTION B choices and/or the dates of your cancellations & additions.



MEALS on WHEELS

FORT COLLINS

TOGETHER, WE CAN DELIVER.

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	Monday	Tuesday	Wednesday	Thursday	Friday
	3	4	5	6	7
Regular Menu Item	Margarita Chicken	Beef Brisket	Baked Ham	Sloppy Joe	Beef Stew
Option B Item	Stuffed Cabbage	Chicken Parmesan	Tuna Noodle Casserole	Coconut Tilapia	BBQ Chicken Breast
	10	11	12	13	14
Regular Menu Item	BBQ Pulled Pork	Meatloaf	Pot Roast	Honey-Soy Glazed Salmon	Chicken Pot Pie
Option B Item	Baked Chicken	BBQ Roasted Salmon	Turkey ala King	Spaghetti	Stuffed Peppers
	17	18	19	20	21
Regular Menu Item	Chicken Fried Steak	Baked Ham	Sweet n Sour Chicken	Baked Cod	Shepherd's Pie
Option B Item	Baked Turkey	Lasagna	Beef Brisket	Baked Chicken	Mac n Cheese
	24	25	26	27	28
Regular Menu Item	Salisbury Steak	Lasagna	London Broil	Pot Roast	Lemon Pepper Tilapia
Option B Item	Pasta Primavera w/ chicken	Baked Cod	Garlic Rosemary Chicken	Turkey Tetrazzini	Hawaiian Chicken
	31	<p>Please Note: The kitchen reserves the right to make any last minute changes to the menu.</p>			
Regular Menu Item	Stuffed Peppers				
Option B Item	Chicken Marsala				

Please note the cut off for any meal changes is 1:00 PM the business day before delivery.