

JANUARY 2022

VEGGIE Menu

You are welcome to call in or email your cancellations for the ENTIRE month at any time after receiving this menu. Let us know the dates ONLY of your the dates of your cancellations & additions.



MEALS on WHEELS

FORT COLLINS

TOGETHER, WE CAN DELIVER.

1217 E. Elizabeth, Unit 11

Fort Collins, CO 80524

(970) 484-6325

info@fcmow.org

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Baked Ziti	Sweet Potato Burrito Bowl	Garbanzo Bean Salad	Hummus n Pita	Black Bean Burger
10	11	12	13	14
Mexican Zucchini	Cheese Enchilada	Roasted Broccoli Alfredo	Veggie Rice Bowl	Veggie Stuffed Peppers
17	18	19	20	21
Black Bean Burger	Veggie Lasagna	Veggie Pizza	Butternut Squash Ravioli	Mac n Cheese
24	25	26	27	28
Pasta Primavera	Asian Veggie Wrap	Bean & Cheese Burrito	Veggie Stuffed Peppers	Pasta Alfredo w/ Grilled Veggies
31		<p>Please Note: The kitchen reserves the right to make any last minute changed to the menu options.</p>		
Rice & Beans				

Please note the cut off for any meal changes is 1:00 PM the business day before delivery.