

JULY 2021

VEGGIE Menu

You are welcome to call in or email your cancellations for the ENTIRE month at any time after receiving this menu. Let us know the dates ONLY of your the dates of your cancellations & additions.



MEALS on WHEELS
FORT COLLINS

TOGETHER, WE CAN DELIVER.

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>Please Note: The kitchen reserves the right to make any last minute changed to the menu options.</p>			1 Veggie Rice Bowl	2 Veggie Stuffed Peppers
5 Black Bean Burger	6 Veggie Lasagna	7 Veggie Pizza	8 Mac N Cheese	9 Butternut Squash Ravioli
12 Pasta Primavera	13 Asian Veggie Wrap	14 Bean & Cheese Burrito	15 Veggie Stuffed Peppers	16 Pasta Alfredo w/ grilled veggies
19 Rice & Beans	20 Hummus & Roasted Veggie Wrap	21 Portobello Mushroom Sandwich	22 Tofu Stroganoff	23 Stir Fry with Edamame
26 Baked Ziti	27 Sweet Potato Burrito Bowl	28 Garbanzo Bean Salad	29 Black Bean Burger	30 Hummus & Pita

Please note the cut off for any meal changes is 1:00 PM the business day before delivery.