

Meals on Wheels Fort Collins

call 970.484.6325 or visit mealsonwheelsfc.org

MARCH 2020 Veggie Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------------------|--------------------------------|-----------------------------|-------------------------|--|
| 2 Veggie Stuffed Peppers | 3 Black Bean Burger | 4 Garbanzo Bean Salad | 5 Veggie Pizza | 6 Pasta Alfredo with veggies |
| 9 Rice & Beans | 10 Roasted Broccoli Alfredo | 11 Stir Fry with Edamame | 12 Tofu Patty | 13 Portobello mushroom & rice patty |
| 16 Mac & Cheese | 17 Black Bean Burger | 18 Bean & Cheese Burrito | 19 Asian Veggie Wrap | 20 Veggie Pizza |
| 23 Veggie Lasagna | 24 Veggie Rice Bowl | 25 Cheese Enchilada | 26 Baked Ziti | 27 Rice & Beans |
| 30 Black Bean Burger | 31 Tofu Patty | | | |

You are welcome to call in or email your cancellations and/or additions for the ENTIRE month at any time after receiving this menu. You can reach us at 970.484.6325 or info@fcmow.org

Please remember the cut off for any changes is 1:00 pm the business day before delivery.