Meals on Wheels Fort Collins Tel Num: 484.6325 March 2019 RENAL Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				Fried Chicken Patty
4	5	6	7	8
Meat Lasagna	Baked Cod	Pot Roast/Gravy	BBQ Roasted Salmon	Beef Brisket
11	12	13	14	15
BBQ Chicken Breast	Chicken Fried Steak	Sloppy Joes	Beef Stroganoff	Chicken Pot Pie
18	19	20	21	22
Roast Turkey w/Glaze	Salmon	Pot Roast/Gravy	Stuffed Peppers	Spaghetti w/Meat sauce
25	26	27	28	29
Beef Brisket	Pork Chop	Ham/Cheese Egg Bake	Chicken Fried Steak	Beef Stew

You are welcome to call in or email your choices for the ENTIRE month at any time after receiving this menu. Please let us know the dates only of your cancellations and/or additions. You can reach us at 970.484.6325 or info@fcmow.

org

Please remember the cut off for any changes is 1:00 pm the business day before delivery.