

# FEBRUARY 2024

## VEGGIE Menu

We encourage you to call in or email your changes for the ENTIRE month at any time after receiving this menu. Let us know **ONLY** the dates of your cancellations.

**IMPORTANT REMINDER:**

*Please remember to put out a cooler OR reusable bag if you think you won't be home for delivery. Our drivers are no longer carrying plastic bags.*



**MEALS on WHEELS**  
FORT COLLINS

TOGETHER, WE CAN DELIVER.

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Monday	Tuesday	Wednesday	Thursday	Friday
			1 Vegetarian Stuffed Peppers	2 Hummus N Pita
5 Baked Ziti	6 Sweet Potato Burrito Bowl	7 Garbanzo Bean Salad	8 Black Bean Burger	9 Stir Fry w/ Edamame
12 Mexican Zucchini Boat	13 Veggie Lasagna	Happy Valentine's Day ♡ Day ♡ Alfredo w/ Mushrooms and Peas	15 Veggie Rice Bowl	16 Vegetarian Stuffed Peppers
19 Black Bean Burger	20 Cheese Enchilada	21 Veggie Pizza	22 Mac n' Cheese	23 Butternut Squash Ravioli
26 Pasta Primavera	27 Asian Veggie Wrap	28 Bean and Cheese Burrito	29 Tofu Stroganoff	

**\*Cutoff for any meal changes is 1:00 PM 2 business days before delivery\***

Nutritional information is currently being updated and is not available at this time.

## **WINTER CLOSURE UPDATES**

### **EXTRA SHELF STABLE FOOD:**

In preparation of future weather related closures, we are going to do a small food drive over the next few weeks for shelf stable food items. ***Clients will need to call our office with requests for these items.***

If this is something you are interested in, please let us know and we will call you to coordinate delivery once they are ready! Some of the things we hope to collect include microwavable meals, tuna/chicken packets, peanut butter & crackers, and fruit cups.

### **CLOSURE NOTIFICATIONS:**

As a reminder, if we do make the decision to close because of weather we will send out an automated voice message to all clients that are scheduled to receive a meal that day. This message is sent to the primary phone number we have on file. If the call is not answered, our system should leave a voicemail. Please call our office if you would like to verify or update your primary phone number. If you are unsure about us closing you can always call our office or visit our website.