

# MAY 2024

## VEGGIE Menu

We encourage you to call in or email your changes for the ENTIRE month at any time after receiving this menu. Let us know **ONLY** the dates of your cancellations.

**IMPORTANT REMINDER:**  
*Please remember to put out a cooler OR reusable bag if you think you won't be home for delivery. Our drivers are no longer carrying plastic bags.*



**MEALS on WHEELS**  
**FORT COLLINS**

TOGETHER, WE CAN DELIVER.

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(970) 484-6325

info@fcmow.org

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Veggie Pizza	Mac n' Cheese	Veggie Enchiladas
6	7	8	9	10
Pasta Primavera	Asian Veggie Wrap	Bean and Cheese Burrito	Tofu Stroganoff	Pasta Alfredo and Grilled Veggies
13	14	15	16	17
Rice n' Beans	Hummus Roasted Veggie Wrap	Portobello Mushroom Sandwich	Veggie Stuffed Peppers	Hummus n' Pita
20	21	22	23	24
Baked Ziti	Sweet Potato Burrito Bowl	Garbanzo Bean Salad	Mexican Zucchini Boat	Black Bean Burger
27	28	29	30	31
Closed For Memorial Day	Veggie Lasagna	Roasted Broccoli Alfredo	Veggie Rice Bowl	Veggie Stuffed Peppers

**\*Cutoff for any meal changes is 1:00 PM 2 business days before delivery\***

Nutritional information is currently being updated and is not available at this time.