

May 2025 OPTIONS Menu



MEALS on WHEELS
FORT COLLINS

TOGETHER, WE CAN DELIVER.

1217 E. Elizabeth, Unit 11
Fort Collins, CO 80524
(970) 484-6325
info@fcmow.org



Please call in or email your
cancellations or changes
for the month, anytime
after receiving this menu.

Cutoff is 1:00 pm

2 business days

prior to delivery.



	Monday	Tuesday	Wednesday	Thursday	Friday
				1	2
Regular Meal	<p><i>The kitchen reserves the right to make any last minute changes to the menu.</i></p> <p><i>You may leave a cooler out but please include a DATED note or call the office IN ADVANCE to let us know.</i></p>			Baked Cod w/ Mango Glaze	Pasta Alfredo w/ Chicken
Option B				Chicken Pot Pie	Swedish Meatballs in Cream Sauce w/ Egg Noodles
	5	6	7	8	9
Regular Meal	Chicken Enchiladas	Mac & Cheese	Chicken Fajitas	Pot Roast w/ Gravy	Sloppy Joe
Option B	Beef Enchiladas	Coconut Mango Tilapia	Beef Fajitas	Chicken Marsala	Breaded Cod
	12	13	14	15	16
Regular Meal	Margarita Chicken	Beef Brisket	Turkey Rice Casserole	Chipotle Lime Tilapia	Sweet & Sour Chicken
Option B	Manicotti	Chicken Parmesan w/ Marinara	Meatloaf	BBQ Chicken Breast	Teriyaki Salmon
	19	20	21	22	23
Regular Meal	BBQ Pulled Pork	Meat Lasagna	Chicken Pot Pie	Honey-Soy Glazed Salmon	Grilled Chicken w/ Provolone
Option B	Baked Chicken	Veggie Lasagna	Stuffed Peppers	Baked Turkey w/ Gravy	Hamburger
	26	27	28	29	30
Regular Meal	<p><i>Closed for Memorial Day</i></p> <p><i>No Delivery today</i></p>	Shepherd's Pie	Baked Chicken w/ Gravy	BBQ Roasted Salmon	Pepperoni Pizza
Option B		Mac & Cheese	Swedish Meatballs in Cream Sauce w/ Egg Noodles	Chicken Enchiladas	Veggie Pizza