

July 2024

VEGGIE Menu

We encourage you to call in or email your changes for the ENTIRE month at any time after receiving this menu. Let us know **ONLY** the dates of your cancellations.

IMPORTANT REMINDER:
Please remember to put out a cooler OR reusable bag if you think you won't be home for delivery. Our drivers are no longer carrying plastic bags.



MEALS on WHEELS
FORT COLLINS

TOGETHER, WE CAN DELIVER.

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(970) 484-6325

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Monday	Tuesday	Wednesday	Thursday	Friday
1 Mexican Zucchini Boat	2 Veg Lasagna	3 Pesto Pasta w/ Cherry Tomatoes	4 NO DELIVERY TODAY Happy 4th of July!	5 Vegetarian Stuffed Peppers
8 Black Bean Burger	9 Cheese Enchilada	10 Veggie Pizza	11 Mac N Cheese	12 Butternut Squash Ravioli
15 Pasta Primavera	16 Asian Veggie Wrap	17 Bean & Cheese Burrito	18 Tofu Stroganoff	19 Pasta w/ Alfredo and Grilled Veggies
22 Rice N Beans	23 Hummus Roasted Veg Wrap	24 Portabello Sandwich	25 Vegetarian Stuffed Peppers	26 Hummus N Pita
29 Baked Ziti	30 Sweet Potato Burrito Bowl	31 Garbanzo Bean Salad		

Cutoff for any meal changes is 1:00 PM 2 business days before delivery

Nutritional information is currently being updated and is not available at this time.