

July 2025

OPTIONS Menu



MEALS on WHEELS
FORT COLLINS

TOGETHER, WE CAN DELIVER.

1217 E. Elizabeth, Unit 11
Fort Collins, CO 80524
(970) 484-6325
info@fcmow.org



**Please call in or email your
cancellations or changes
for the month, anytime
after receiving this menu.**

Cutoff is NOON

2 business days

prior to delivery.



	Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3	4
Regular Meal	<i>The kitchen reserves the right to make any last minute changes to the menu.</i>	Beef Brisket	Turkey Rice Casserole	Hamburger	CLOSED FOR THE HOLIDAY
Option B		Chicken Parmesan w/Marinara	Meatloaf	Grilled Chicken	
	7	8	9	10	11
Regular Meal	BBQ Pulled Pork	Meat Lasagna	Chicken Pot Pie	Honey-Soy Glazed Salmon	Pot Roast
Option B	Baked Chicken	Veggie Lasagna	Stuffed Peppers	Baked Turkey w/ Gravy	Chicken Alfredo Pasta w/Roasted Broccoli
	14	15	16	17	18
Regular Meal	Chicken Fried Steak	Shepherd's Pie	Baked Chicken w/Gravy	BBQ Roasted Salmon	Pepperoni Pizza
Option B	Baked Cod w/ Mango Glaze	Mac & Cheese	Swedish Meatballs in cream sauce w/ Egg noodles	Chicken Enchiladas	Veggie Pizza
	21	22	23	24	25
Regular Meal	Meat Lasagna	Sweet & Sour Chicken	Pot Roast	Coconut Curry w/ Chicken	Lemon Pepper Tilapia
Option B	Garlic Rosemary Chicken	Teriyaki Salmon	Chicken Marsala	Beef Brisket	Hawaiian Chicken
	28	29	30	31	<i>You may leave a cooler out but please include a dated note or call the office to let us know.</i>
Regular Meal	Sloppy Joe	Italian Sausage Pasta	Margarita Chicken	Chipotle Lime Tilapia	
Option B	Coconut Mango Tilapia	Butternut Squash Ravioli	Stuffed Peppers	BBQ Chicken Breast	