

# AUGUST 2025

## VEGGIE Menu



**MEALS on WHEELS**  
FORT COLLINS

TOGETHER, WE CAN DELIVER.

1217 E. Elizabeth, Unit 11

Fort Collins, CO 80524

(970) 484-6325

info@fcmow.org



Please call in or email  
your cancellations or  
changes for the month  
anytime after receiving  
this menu.

**Cutoff is 12:00 pm (NOON)**  
**2 business days prior to**  
**delivery.**



Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>The kitchen reserves the right to make any last minute changes to the menu.</i></p> <p><i>You may leave a cooler out but please include a DATED note or call the office in ADVANCE to let us know you will be out for that day.</i></p>				<p>1</p> <p>Black Bean Burger</p>
<p>4</p> <p>Caprese Pasta Salad</p>	<p>5</p> <p>Asian Veggie Wrap</p>	<p>6</p> <p>Portabello Mushroom Sandwich</p>	<p>7</p> <p>Tofu Stroganoff</p>	<p>8</p> <p>Pasta Alfredo w/ Roasted Broccoli</p>
<p>11</p> <p>Roasted Veggie Wrap w/Hummus</p>	<p>12</p> <p>Mac &amp; Cheese</p>	<p>13</p> <p>Bean &amp; Cheese Burrito</p>	<p>14</p> <p>Veggie Stuffed Peppers</p>	<p>15</p> <p>Pita w/Hummus</p>
<p>18</p> <p>Manicotti</p>	<p>19</p> <p>Sweet Potato Burrito Bowl</p>	<p>20</p> <p>Asian Veggie Wrap</p>	<p>21</p> <p>Black Bean Burger</p>	<p>22</p> <p>Stir Fry w/ Edamame</p>
<p>25</p> <p>Mexican Zucchini Boat</p>	<p>26</p> <p>Veggie Lasagna</p>	<p>27</p> <p>Veggie Stuffed Peppers</p>	<p>28</p> <p>Portabello Mushroom Sandwich</p>	<p>29</p> <p>Pesto Pasta w/ Cherry Tomatoes</p>