

NOVEMBER 2025

OPTIONS MENU



MEALS on WHEELS
FORT COLLINS

TOGETHER, WE CAN DELIVER.
1217 E. Elizabeth, Unit 11
Fort Collins, CO 80524
(970) 484-6325
infoefcmow.org

	Monday	Tuesday	Wednesday	Thursday	Friday
Regular Meal	3 Sloppy Joe	4 Italian Sausage Pasta	5 Margarita Chicken	6 Chipotle Lime Tilapia	7 Hamburger
Option B	Coconut Mango Tilapia	Butternut Squash Ravioli	Stuffed Peppers	BBQ Chicken Breast	Chicken Sandwich
Regular Meal	10 Honey Mustard Pork	11 Meat Lasagna	12 Beef Brisket	13 Baked Cod w/ Mango Glaze	14 Pasta Alfredo w/ Chicken
Option B	Honey Mustard Salmon	Garlic Rosemary Chicken	Turkey Tetrazzini	Chicken Pot Pie	Swedish Meatballs w/ Egg Noodles
Regular Meal	17 Stuffed Peppers	18 Mac & Cheese	19 Chicken Fajitas	20 Pot Roast w/ Gravy	21 Sloppy Joe
Option B	Italian Sausage Pasta	Coconut Mango Tilapia	Beef Fajitas	Chicken Marsala	Breaded Cod
Regular Meal	24 Margarita Chicken	25 Beef Brisket	26 Turkey Dinner	27 CLOSED FOR HOLIDAY	28 Sweet & Sour Chicken
Option B	Manicotti	Chicken Parmesan			Teriyaki Salmon

CALL IN OR EMAIL YOUR
CANCELLATIONS OR
CHANGES FOR THE
MONTH
ANYTIME AFTER
RECEIVING THIS MENU.

CUTOFF IS 12:00 PM
2 BUSINESS DAYS
PRIOR TO DELIVERY.

Happy
Thanksgiving

THE KITCHEN RESERVES THE RIGHT TO MAKE
ANY LAST MINUTE CHANGES TO THE MENU.

YOU MAY LEAVE A COOLER OUT BUT PLEASE
INCLUDE A DATED NOTE OR CALL THE OFFICE
IN ADVANCE TO LET US KNOW YOU WILL BE
OUT FOR THAT DAY.

