

# APRIL 2026

## OPTIONS MENU

**FLIP THE PAGE FOR OUR NEWSLETTER!**

The kitchen reserves the right to make any LAST-MINUTE changes to the menu.



	Monday	Tuesday	Wednesday	Thursday	Friday
			1 Margarita Chicken	2 Chipotle Lime Tilapia	3 Honey Mustard Pork
			Stuffed Peppers	BBQ Chicken Breast	Honey Mustard Salmon
Regular Meal	6 Hamburger	7 Meat Lasagna	8 Beef Brisket	9 Baked Cod w/ Mango Glaze	10 Pasta Alfredo w/ Chicken
Option B	Chicken Sandwich	Veggie Lasagna	Turkey Tetrazzini	Chicken Pot Pie	Swedish Meatballs w/ Egg Noodles
Regular Meal	13 Stuffed Peppers	14 Mac & Cheese	15 Chicken Fajitas	16 Pot Roast w/ Gravy	17 Sloppy Joe
Option B	Italian Sausage Pasta	Coconut Mango Tilapia	Beef Fajitas	Chicken Marsala	Breaded Cod
Regular Meal	20 Margarita Chicken	21 Beef Brisket	22 Turkey Rice Casserole	23 Chipotle Lime Tilapia	24 Sweet & Sour Chicken
Option B	Manicotti	Chicken Parmesan w/ Marinara	Meatloaf	BBQ Chicken Breast	Hawaiian Chicken
Regular Meal	27 BBQ Pulled Pork	28 Meat Lasagna	29 Chicken Pot Pie	30 Honey-Soy Glazed Salmon	
Option B	Baked Chicken	Veggie Lasagna	Stuffed Peppers	Baked Turkey w/ Gravy	

Call us:  
970-484-6325  
E-mail us:  
[info@fcmow.org](mailto:info@fcmow.org)

*Info Alert!*  
You are welcome to call in or email your cancellations or changes for the month anytime after receiving this menu.

**CUTOFF IS  
12:00 PM  
2 BUSINESS DAYS  
PRIOR TO  
DELIVERY.**

You may leave a cooler out but please include a **DATED** note or call the office in **ADVANCE** to let us know you will not be home for delivery.

# GET TO KNOW OUR STAFF!

at Meals on Wheels for Fort Collins

Executive Director:

**Kristy Trippel**



*“My time at Meals on Wheels has shown me just how impactful community and service can be, and I’ve truly fallen in love with the community and purpose behind the organization. Outside of work, you’ll usually find me at hockey games or critter sitting, and I’m always finding a reason to reorganize something just for fun.”*

Program Manager:

**Mikylah Seely**



*“Being a part of Meals on Wheels has deepened my passion for service and support. Building relationships with our clients is easily what I love most. A fun fact about me is that I can happily crochet for eight hours straight without getting bored—something I consider a very cozy superpower.”*

Volunteer Coordinator:

**Lauren Boullier**



*“Working with Meals on Wheels has really shown me how much a caring, empathetic community and genuine connection can mean. I enjoy cooking chili, hiking with my dogs and partner, Sal, and once snowboarded from Switzerland into Italy, which was an unforgettable experience.”*