

AUGUST 2026

OPTIONS MENU

FLIP THE PAGE FOR OUR NEWSLETTER!

The kitchen reserves the right to make any
LAST-MINUTE changes to the menu.



	Monday	Tuesday	Wednesday	Thursday	Friday
Regular Meal	3 BBQ Pulled Pork	4 Meat Lasagna	5 Chicken Pot Pie	6 Honey-Soy Glazed Salmon	7 Pot Roast w/ Gravy
Option B	Baked Chicken	Veggie Lasagna	Stuffed Peppers	Baked Turkey w/ Gravy	Pasta w/ Alfredo, Chicken, & Broccoli
Regular Meal	10 Chicken Fried Steak	11 Shepherd's Pie	12 Baked Chicken w/ Gravy	13 BBQ Roasted Salmon	14 Pepperoni Pizza
Option B	Baked Cod w/ Mango Glaze	Mac & Cheese	Swedish Meatballs w/ Egg Noodles	Chicken Enchiladas	Veggie Pizza
Regular Meal	17 Meat Lasagna	18 Sweet & Sour Chicken	19 Pot Roast w/ Gravy	20 Coconut Curry w/ Chicken	21 Lemon Pepper Tilapia
Option B	Garlic Rosemary Chicken	Teriyaki Salmon	Chicken Marsala	Beef Brisket	Hawaiian Chicken
Regular Meal	24 Sloppy Joe	25 Italian Sausage Pasta	26 Margarita Chicken	27 Chipotle Lime Tilapia	28 Hamburger
Option B	Coconut Mango Tilapia	Butternut Squash Ravioli	Stuffed Peppers	BBQ Chicken Breast	Chicken Sandwich
Regular Meal	31 Honey Mustard Pork	<i>Notes:</i>			
Option B	Honey Mustard Salmon				

Call us:
970-484-6325

E-mail us:
info@fcmow.org

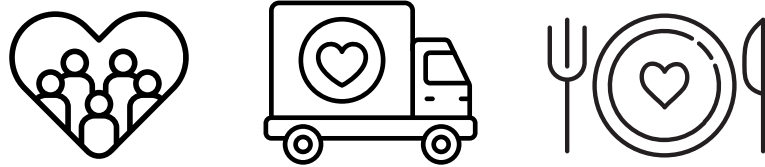
Info Alert!

You are welcome to call in or email your cancellations or changes for the month anytime after receiving this menu.

**CUTOFF IS
12:00 PM
2 BUSINESS DAYS
PRIOR TO
DELIVERY.**

You may leave a cooler out but please include a **DATED** note or call the office in **ADVANCE** to let us know you will not be home for delivery.

More Than the Menu... More Than a Meal



For nearly 20 years, Don has been a dedicated Meals on Wheels Fort Collins volunteer, delivering more than just meals—he delivers kindness, connection, and a smile. Since joining the organization in 2006, Don has become a valued part of our volunteer team.

Outside of volunteering, Don enjoys walking his dogs, staying active through a non-contact boxing class, and serving as president of the Metric Association, where he also writes the organization's newsletter.

Thank you, Don, for 20 years of compassion, dedication, and service. We're grateful to have you as part of the Meals on Wheels Fort Collins family!



CartoonStock.com

VOLUNTEER SPOTLIGHT!



RESOURCES:

NOCO ALERT:

NOCOALERT.ORG

- Receive non-emergency and weather alerts for Larimer County.

CITY OF FORT COLLINS

970-221-6730

- Payment assistance for water and electric bills. 1 time per 12 month period.

SIGNS OF HEAT STROKE: CALL 911

- Rapid breathing & heart rate
- Hot, red skin
- Severe dizziness or loss of consciousness
- Nausea

REMINDER:

Please call the office OR leave a **dated** note if you won't be home for delivery.