

JANUARY 2024

Options Menu

We encourage you to call in or email your changes for the ENTIRE month at any time after receiving this menu. Let us know **ONLY** the dates of your **OPTION B** choices and/or the dates of your cancellations.

IMPORTANT REMINDER:

Please remember to put out a cooler OR reusable bag if you think you won't be home for delivery. Our drivers are no longer carrying plastic bags.



MEALS on WHEELS
FORT COLLINS

TOGETHER, WE CAN DELIVER.

1217 E. Elizabeth, Unit 11
Fort Collins, CO 80524

(970) 484-6325

info@fcmow.org

	Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4	5
Regular Meal	HAPPY NEW YEAR!!	Beef Brisket	Chicken Fajitas	Beef Stew	Sweet n' Sour Chicken
Option B	Closed for holiday	Chicken Parmesan	Tuna Noodle Casserole	BBQ Chicken Breast	Mac n' Cheese
	8	9	10	11	12
Regular Meal	BBQ Pulled Pork	Baked Ham	Pot Roast	Honey-Soy Glazed Salmon	Chicken Pot Pie
Option B	Baked Chicken	Lasagna	Turkey ala King	Spaghetti	Stuffed Peppers
	15	16	17	18	19
Regular Meal	Chicken Fried Steak	Meatloaf	Sweet n' Sour Chicken	Shepherd's Pie	Breaded Cod
Option B	Baked Turkey	BBQ Roasted Salmon	Beef Brisket	Mac n' Cheese	Baked Chicken
	22	23	24	25	26
Regular Meal	Salisbury Steak	Lasagna	Beef Fajitas	Chicken Pot Pie	Lemon Pepper Tilapia
Option B	Pasta Primavera w/ Chicken	Garlic Rosemary Chicken	Breaded Cod	Beef Brisket	Hawaiian Chicken
	29	30	31		
Regular Meal	Stuffed Peppers	Baked Turkey	Chicken Fried Steak		
Option B	Italian Sausage Pasta	Chicken Marsala	Turkey Tetrazzini		

Cutoff for any meal changes is 1:00 PM 2 business days before delivery

Please Note: The kitchen reserves the right to make any last minute changes to the menu.