

# MAY 2022

## Options Menu

You are welcome to call in or email your choices for the ENTIRE month at any time after receiving this menu. Let us know the dates ONLY of your OPTION B choices and/or the dates of your cancellations & additions.



**MEALS on WHEELS**

**FORT COLLINS**

TOGETHER, WE CAN DELIVER.

1217 E. Elizabeth, Unit 11

Fort Collins, CO 80524

(970) 484-6325

info@fcmow.org

	Monday	Tuesday	Wednesday	Thursday	Friday
	2	3	4	5	6
Regular Menu Item	Chicken Fried Steak	Meatloaf	Sweet n Sour Chicken	Shepherd's Pie	Baked Cod
Option B Item	Baked Turkey	BBQ Roasted Salmon	Beef Brisket	Mac n Cheese	Baked Chicken
	9	10	11	12	13
Regular Menu Item	Salisbury Steak	Lasagna	London Broil	Chicken Pot Pie	Lemon Pepper Tilapia
Option B Item	Pasta Primavera with Chicken	Garlic Rosemary Chicken	Baked Cod	Beef Brisket	Hawaiian Chicken
	16	17	18	19	20
Regular Menu Item	Stuffed Peppers	Baked Turkey	Chicken Fried Steak	Pot Roast	Sloppy Joe
Option B Item	Italian Sausage Pasta	Chicken Marsala	Breaded Cod	Turkey Tetrazzini	Coconut Tilapia
	23	24	25	26	27
Regular Menu Item	Margarita Chicken	Beef Brisket	Baked Ham	Sweet n Sour Chicken	BBQ Pulled Pork Sandwich
Option B Item	Stuffed Cabbage	Chicken Parmesan	Tuna Noodle Casserole	Mac n Cheese	Grilled Chicken Sandwich
	30	31	Please Note: The kitchen reserves the right to make any last minute changes to the menu.		
Regular Menu Item	CLOSED FOR MEMORIAL DAY	Baked Ham			
Option B Item	NO DELIVERY TODAY	Lasagna			

Please note the cut off for any meal changes is 1:00 PM the business day before delivery.