

APRIL 2024

VEGGIE Menu

We encourage you to call in or email your changes for the ENTIRE month at any time after receiving this menu. Let us know **ONLY** the dates of your cancellations.

IMPORTANT REMINDER:
Please remember to put out a cooler OR reusable bag if you think you won't be home for delivery. Our drivers are no longer carrying plastic bags.



MEALS on WHEELS
FORT COLLINS

TOGETHER, WE CAN DELIVER.

1217 E. Elizabeth, Unit 11
 Fort Collins, CO 80524

(970) 484-6325
 info@fcmow.org

Monday	Tuesday	Wednesday	Thursday	Friday
1 Pasta Salad w/ Tomatoes, Mozzarella, and	2 Asian Veggie Wrap	3 Bean and Cheese Burrito	4 Tofu Stroganoff	5 Pasta with Alfredo and Grilled Veggies
8 Rice n Beans	9 Hummus Roasted Veggie Wrap	10 Portobello Mushroom Sandwich	11 Veggie Stuffed Peppers	12 Hummus n Pita
15 Baked Ziti	16 Sweet Potato Burrito Bowl	17 Garbanzo Bean Salad	18 Black Bean Burger	19 Stir Fry with Edamame
22 Mexican Zucchini Boat	23 Veggie Lasagna	24 Roasted Broccoli Alfredo	25 Veggie Rice Bowl	26 Veggie Stuffed Peppers
29 Black Bean Burger	30 Cheese Enchilada			

Cutoff for any meal changes is 1:00 PM 2 business days before delivery

Nutritional information is currently being updated and is not available at this time.

WINTER CLOSURE UPDATES

EXTRA SHELF STABLE FOOD:

In preparation of future weather related closures, we are going to do a small food drive over the next few weeks for shelf stable food items. ***Clients will need to call our office with requests for these items.*** If this is something you are interested in, please let us know and we will call you to coordinate delivery once they are ready! Some of the things we hope to collect include microwavable meals, tuna/chicken packets, peanut butter & crackers, and fruit cups.

CLOSURE NOTIFICATIONS:

As a reminder, if we do make the decision to close because of weather we will send out an automated voice message to all clients that are scheduled to receive a meal that day. This message is sent to the primary phone number we have on file. If the call is not answered, our system should leave a voicemail. Please call our office if you would like to verify or update your primary phone number. If you are unsure about us closing you can always call our office or visit our website.

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